

Natural Factors Nutritional Products Inc.

February 16, 2005

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C Street SW
Washington, DC 20204

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Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: 5-HTP 5-Hydroxytryptophan 50mg

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Place
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th Street SW, Suite 100
Everett, WA 98203

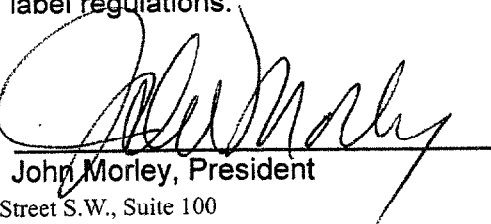
Text of Side Panel: The lifestyle and dietary practices of many people living in this stress filled era results in lowered levels of serotonin within the brain. 5-Hydroxytryptophan (5-HTP) is an amino acid that is the intermediate step between tryptophan and the important brain chemical serotonin. Supplementing with 5-HTP provides natural support for emotional well-being.

Text on PDP: Natural Support for Emotional Well-being

Name of dietary ingredient that is the subject of statement: 5-HTP (5-Hydroxytryptophan)

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President

Date

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